

Question and Answer key  
District Sports Officer  
Date of online CBT- 21/05/2022

1. The founder of 'Koch Kingdom' was
  - 1) Chilarai
  - 2) Nara Narayan
  - 3) Lachit Barphukan
  - 4) **Biswa Singha**
2. Who built Dhodar Ali?
  - 1) **Gadadhar Singha**
  - 2) Rudra Singha
  - 3) Siva Singha
  - 4) Purandar Singha
3. The first movement launched against the British Rule in India was?
  - 1) Khilafat Movement
  - 2) **Swadeshi Movement**
  - 3) Non-cooperation Movement
  - 4) Quit India movement
4. Who gave the slogan 'Do or Die' during the Indian Freedom Struggle?
  - 1) Subhash Chandra Bose
  - 2) Bal Gangadhar Tilok
  - 3) **Mahatma Gandhi**
  - 4) Sardar Ballavbhai Patel
5. 'Saraighat Bridge' was inaugurated in the year?
  - 1) 1948
  - 2) 1952
  - 3) **1962**
  - 4) 1964
6. Indian Hockey team stood on the podium to receive 'Bronze medal' in Tokyo Olympics, 2021. When was the last Occasion of Indian Hockey team to get award in Olympics Hockey? (Men's category)
  - 1) 1976
  - 2) **1980**
  - 3) 1984
  - 4) 1988
7. Nadia Comaneci remains a famous gymnast and a five-time Olympic gold medalist. She had won Olympics medals at the age of 14. She hailed from?
  - 1) Austria
  - 2) **Romania**
  - 3) Germany
  - 4) Great Britain
8. Which Country won the most FIFA World Cup?
  - 1) Germany
  - 2) Argentina
  - 3) **Brazil**
  - 4) France

9. The term, 'Dolphin Kick' is associated with which of the following games?
- 1) Badminton
  - 2) Tennis
  - 3) **Swimming**
  - 4) Squash
10. When did ICC introduce world championship in one day cricket and How many overs were played by each team in an innings in the format then?
- 1) 1971 and 55 overs
  - 2) **1975 and 60 overs**
  - 3) 1979 and 50 overs
  - 4) 1983 and 60 overs
11. In which Summer Olympics, boxing was introduced for the first time?
- 1) **1904 Summer Olympics**
  - 2) 1908 Summer Olympics
  - 3) 1912 Summer Olympics
  - 4) 1920 Summer Olympics
12. Who was the first Indian woman to get an Olympic medal?
- 1) P.T. Usha
  - 2) Aarti Saha
  - 3) **Karnam Malleswari**
  - 4) Sania Mirza
13. Which of the following is not associated with the game of football?
- 1) Penalty kick
  - 2) Off – side
  - 3) **Penalty stroke**
  - 4) Free kick
14. Archery is the national sport of which country?
- 1) Afghanistan
  - 2) **Bhutan**
  - 3) Japan
  - 4) India
15. Who among the following is not a celebrated footballer?
- 1) **Vijay Merchant**
  - 2) Gordon Banks
  - 3) Lothar Matthäus
  - 4) Eusebio
16. Which term is commonly used in Badminton and Volleyball?
- 1) **Deuce**
  - 2) Dribble
  - 3) Double
  - 4) Dummy
17. 'VAR' has been introduced to provide a way for "clear and obvious errors" in the game of football. What is VAR?? Since when it is introduced?
- 1) Video Assistant referral. FIFA World cup 2010
  - 2) **Video Assistant referee. FIFA World cup 2018**
  - 3) Video Assistance referee World cup 2014
  - 4) None of above

18. Term Chinaman is related to which sport?
- 1) Golf
  - 2) Tennis
  - 3) **Cricket**
  - 4) Hockey
19. The first Indian to cross seven important seas by swimming \_\_\_\_?
- 1) Amrendra Singh
  - 2) **Bula Chaudhury**
  - 3) Junko Taibei
  - 4) Yuri Gagarin
20. Sunny Days' is the autobiography of which player?
- 1) Pele
  - 2) Roger Federer
  - 3) **Sunil Gavaskar**
  - 4) M.S.Dhoni
21. What game is played in 'Euro Cup'? Which team has won the Euro Cup, 2020 (held in 2021)?
- 1) Tennis is played in Euro cup. Croatia won the trophy
  - 2) Game of Cricket played. England won
  - 3) **Game of football played. Italy won**
  - 4) Game of badminton played. Germany won
22. In ICC Cricket world cup 2003, which teams became champion and Runners up?
- 1) Pakistan champion and England Runners up
  - 2) **Australia champion. India Runners up**
  - 3) England champion and Australia Runners up
  - 4) West Indies champion. England Runners up
23. Hailing from Serbia, this tennis star has won 20 'Grand Slams' in tennis. Identify.
- 1) Roger Federer
  - 2) **Novak Djokovic**
  - 3) Rafael Nadal
  - 4) Ivan Lendl
24. Who won the Gold and silver medal in the BWF Swiss Open Super 300 in the final of the women's Singles event held at Basel, Switzerland, 2021?
- 1) Thom Gicquel - GOLD and Delphine Delrue - Silver.
  - 2) P.V. Sindhu - Gold and Carolina Martin – Silver
  - 3) **Carolin Martin- Gold and P.V. Sindhu- Silver**
  - 4) Carolina Martin- Gold and Saina Nehwal- Silver
25. What is the Distance of the Marathon Race?
- 1) 100 Km
  - 2) 52.195 Km
  - 3) **42.195 Km**
  - 4) 10 K
26. Which Country does Lionel Messi belong to?
- 1) PSG
  - 2) **Argentina**
  - 3) Portugal
  - 4) FC Barcelona

27. What do the 5 Rings in the Olympic Flag represent?
- 1) 5 Cities of The World
  - 2) 5 Countries of The World
  - 3) **5 Continents of The World**
  - 4) 5 Sports of The World
28. How many Dimples does a Golf Ball have?
- 1) 100-200 Dimples
  - 2) 200-250 Dimples
  - 3) **300-500 Dimples**
  - 4) 500-600 Dimples
29. After how many Minutes Half Time starts in a Football match in FIFA WORLD CUP?
- 1) 30 Mins
  - 2) 39 Mins
  - 3) **45 Mins**
  - 4) 40 Mins
30. Who is Narain Karthikeyan from India?
- 1) Car Racer
  - 2) **Formula One Driver**
  - 3) MotoGP Racer
  - 4) Cyclist
31. Which one of the following is not the example of macro minerals?
- 1) Sodium
  - 2) Potassium
  - 3) **Iron**
  - 4) Calcium
32. Which one of the given minerals plays an important role in the formation of hemoglobin?
- 1) **Iron**
  - 2) Sulphur
  - 3) Phosphorus
  - 4) Sodium
33. Which one of the following asanas is performed in sitting position?
- 1) Chakrasana
  - 2) Sukhasana
  - 3) **Bhujangasana**
  - 4) Tadasana
34. What should be normal blood pressure of an adult?
- 1) 110/70 mm Hg
  - 2) 140/90 mm Hg
  - 3) **120/80 mm Hg**
  - 4) 140/95 mm Hg
35. According to WHO Criteria, the normal BMI of an individual should be?
- 1) 18.5—22.5
  - 2) 18.5—22.9
  - 3) 18.5—23.9
  - 4) **18.5- 24.9**
36. Backpain is caused by?
- 1) Lack of physical activity
  - 2) Excessive smoking
  - 3) Lack of flexibility
  - 4) **All the above**

37. The richest source of protein is
- 1) Pulses
  - 2) Groundnut
  - 3) **Soya**
  - 4) Egg
38. According to the German Concept of Physical Education, the Mother of all Games and Sports is—
- 1) Swimming
  - 2) **Gymnastic**
  - 3) Athletics
  - 4) Combative
39. How many major Salivary glands are there in human body?
- 1) 2
  - 2) 4
  - 3) 6
  - 4) **8**
40. A Physical Education Teacher now-a-days is essentially?
- 1) An Instructor
  - 2) A Movement Educator
  - 3) A Drill Master
  - 4) **All of the above**
41. Which day is celebrated as the International Day of YOGA?
- 1) Jun 20
  - 2) **Jun 21**
  - 3) Jun 22
  - 4) Jun 23
42. Osteoporosis causes?
- 1) Injuries to heart
  - 2) Damages liver and kidney
  - 3) **Bones become weak and brittle**
  - 4) Causes brain injury
43. Which component of fitness among senior citizens is tested with the help of 'Six minute walk test'?
- 1) Lower body strength
  - 2) **Aerobic endurance**
  - 3) Balance
  - 4) Upper body strength.
44. Obesity is a condition in a human body. What gets accumulated in obesity?
- 1) Minerals
  - 2) Vitamins
  - 3) **Fats**
  - 4) Water
45. Water soluble vitamins include?
- 1) Vitamin D
  - 2) **Vitamin C**
  - 3) Vitamin K
  - 4) Vitamin A



46. Two teams comprising 11 players each play the game in an open field that is approximately 125 meter in length and 80meter in breadth, with a central point in the right middle of the arena. Two lines called 'kai' are drawn at a distance of 12 ft on each side of the point at the centre. At the four points where the 'kai' meets the 125 meters lines, four flags are planted. Similarly, four flags are planted in the four corners, known as chukor nishan. Can you identify this traditional game?
- 1) Tarual Khel
  - 2) Kaarkhel
  - 3) RosiTona
  - 4) **Dhopkhel**
47. Each team takes a position on each side of the line. Then, one by one each player of both team will go and try to touch opposition team members, 'shouting something' ..... in one breath. He has to return to his own zone without changing his break and the players he touches in the opposite side are eliminated from the game. But the opposition team tries to grab the attacking player until his breath breaks. What is the traditional game referred here?
- 1) Muthikhel
  - 2) Doob khel
  - 3) **Hai Gudu ( Kabaddi )**
  - 4) Luka-bhakukhel
48. 'Batha Gelenai' is one of the most important Traditional Games and Recreation of the .....?
- 1) **Bodos**
  - 2) Karbis
  - 3) Mishing people (Mising)
  - 4) Tiwa (Lalung) Tribes
49. The four-day harvest festival of 'Pongal' also heralds the start of 'jallikattu,' sport in Tamil Nadu. 'Jallikattu' has a similarity with which indigenous sport of Assam?
- 1) **Mohjuj**
  - 2) Kukurajuj
  - 3) Tang guti
  - 4) Haturkhel
50. The celebrated player from Assam was conferred the Arjuna Award in 1987 and also bagged the junior and senior national titles in 1979 and 1985 respectively. Was part of Indian contingent in two Asian Games -1982 (Delhi) and 1986 (Seoul). The player also represented India in Asian Table Tennis championships, World championships and SAF Games.. Can you identify?
- 1) Dipankar Bhattacharjee
  - 2) Susan Das Choudhury
  - 3) Tayabun Nessa
  - 4) **Monalisa Barua Mehta**
51. Name the first soccer captain of Independent India who had led the national soccer team in the 1948 London Olympics.
- 1) **Talimeren Ao**
  - 2) P.K. Bannerjee
  - 3) Gilbertson Sangma
  - 4) Amal Phukan

52. He won gold medal for India in the 800 metres race at Bangkok Asian Games in 1966. Identify
- 1) Munna Kakoti
  - 2) Pradeep Brahma
  - 3) **Bhogeswar Baruah**
  - 4) Hriday Hazarika
53. He is one of the highest paid footballers in the Indian Super League having played for top teams like 'Kerala Blasters', Hyderabad F.C. North East United Football club etc. Represented India senior and under 19 football team also. Who is this footballer?
- 1) **Holicharan Narzary**
  - 2) Pradeep Brahma
  - 3) Allen Deuri ( Deori)
  - 4) Gaurav Bora
54. The first 'One Day International match' (ODI) was held between India and West Indies at Nehru Stadium ,Guwahati on
- 1) 11<sup>th</sup> December, 1983
  - 2) **17<sup>th</sup> December, 1983**
  - 3) 21<sup>st</sup> December, 1983
  - 4) 23rd December.1983
55. In which event of the second 2018 ISSF Junior World Cup, did Hriday Hazarika bag a gold medal? 7<sup>th</sup> September. 2018. (International Shooting Sport Federation)
- 1) 50m rifle
  - 2) 50m rifle prone
  - 3) **10m air rifle**
  - 4) 50m pistol
56. Lovlina has won the 'Bronze medal' in Tokyo Olympics, 2021 in which category?
- 1) Flyweight (52kg)
  - 2) Featherweight (57kg)
  - 3) Lightweight (63kg)
  - 4) **Welterweight (69kg)**
57. Hima Das holds the current Indian national record in 400 meters with a timing that she clocked at the 2018 Asian Games in Jakarta, Indonesia. What was the timing?
- 1) 52. 09 seconds
  - 2) **50.79 seconds**
  - 3) 51. 05 seconds
  - 4) 50.00 seconds
58. Who among the following was the gold medalist at the 2019 South Asian Games in the women's singles and team events in Badminton?
- 1) Debahati Lahon
  - 2) Maini Baruah
  - 3) **Ashmita Chaliha**
  - 4) Tasnim Mir

59. Sprawling 'Xaruxojai Guwahati' stadium was one of the five venues selected by FIFA to hold 'under -17 world cup '. In which year, the tournament was held in India?
- 1) 2016
  - 2) **2017**
  - 3) 2018
  - 4) 2019
60. Gilbertson Sangma was a heartthrob for footballers lovers of Assam. He was a part of Team India that visited in 1975-76?
- 1) Tehran and Saudi Arab
  - 2) South korea and Hongkong
  - 3) **Malaysia and Indonesia**
  - 4) Bangladesh and Sri Lanka
61. Dr. Bhupen Hazarika Cricket Stadium or Barsapara Cricket Stadium, is a cricket stadium in Barsapara, Guwahati, Assam. When and against which team, the first 'ODI' was played here?
- 1) Australia in 2019
  - 2) Sri Lanka in 2016
  - 3) **West Indies. In 2018**
  - 4) England in 2017
62. Youngsters, Udit Gogoi, Tanisha Kashyap, Anchit Gogoi, Kristi Bodo are in limelight. They all are?
- 1) **Tennis players**
  - 2) Football players
  - 3) Badminton players
  - 4) Cricket players
63. He was part of the India squad that won the 2018 Under-19 Cricket World Cup and holds the record of being the youngest half centurion in the history of the world's biggest T20 franchise league. Identify the cricketer.
- 1) Rahul Teotia
  - 2) **Riyan Parag**
  - 3) Sanju Samson
  - 4) Rituraj Dashrat Gaikwad
64. When was Nehru Stadium, Guwahati inaugurated?
- 1) **1962**
  - 2) 1963
  - 3) 1964
  - 4) 1965
65. The Department of Sport & Youth Welfare was created with the objective of bringing about all round development in the field of Sport & Youth Welfare. When?
- 1) 1987 -88
  - 2) 1985-86
  - 3) **1988-89**
  - 4) 1989 -90



66. Independence Day Cup is an Indian Association Football tournament, an Iconic one. It is played at?
- 1) **Nagaon**
  - 2) Silchar
  - 3) Tezpur
  - 4) Jorhat
67. 'Achi Durkamunchunam' game is very popular traditional game of Assam. Ten to twelve persons are required for this game. The players at first stand in circle in water. Thereafter, connecting the forefinger or middle finger together with the old finger of the hand, the players knock on the surface of the water. The game belongs to ?
- 1) **Mishing community**
  - 2) Bodo community
  - 3) Karbi Community
  - 4) Lalung community
68. The Asian Games in Jakarta in the year 2018 had seven participants from Assam in the national team. Who were the participants from Assam to participate in Wrestling and Archery category?
- 1) Rudali Baruah and Kabita Devi
  - 2) Jamuna Bodo and Jonali Dutta
  - 3) **Shiva Thapa and Pramila Daimari**
  - 4) None of above
69. A newly built cricket ground and pavilion have been inaugurated with a view to develop cricket infrastructure in the state of Assam. Where is the new stadium?
- 1) Nagaon Stadium
  - 2) Chowkidngee Dibrugarh
  - 3) **Amingaon, North Guwahati**
  - 4) Silchar Stadium
70. India Club', Guwahati a premier tennis and sports club in the country, was established in?
- 1) 1934
  - 2) **1932**
  - 3) 1933
  - 4) 1942
71. Which Ministry has launched the 'deep dive on line training program?
- 1) Ministry of Finance
  - 2) **Ministry of Electronics and IT**
  - 3) Ministry of Housing and urban Affairs
  - 4) Ministry of Rural Development
72. Which city has been designated as part of 'UNESCO Creative Cities Net work? ( UCCN)
- 1) PUNE
  - 2) Cochin
  - 3) **Srinagar**
  - 4) Kolkata
73. Which organization releases 'Report on Trend and progress of Banking in India? Options :
- 1) Niti Ayog
  - 2) **Reserve bank of India**
  - 3) Finance Ministry
  - 4) Finance Commission

74. Constitution of India guarantees which of the following to the states of India ? Options :
- 1) Territorial Integrity
  - 2) Sovereignty
  - 3) Right to secede from Union
  - 4) **None of these**
75. Which schedule of the Indian constitution applies to the tribal areas of Assam and Mizoram?
- 1) First schedule
  - 2) Fourth schedule
  - 3) Fifth Schedule
  - 4) **Sixth Schedule.**
76. Which Assamese sportsperson is the first to receive the 'Major Dhyan Chand Khel Ratna Award'?
- 1) Bhogeswar Baruah
  - 2) Hima Das
  - 3) **Lovlina Borgohain**
  - 4) Dipankar Bhattacharjee.
77. A ship repair facility has been proposed to set up in Assam by signing a MOU between Inland Waterways Authority of India and Hoogly Shipyard Ltd on 26th August 2021. Name the place where it is proposed to be set up.
- 1) Nimati
  - 2) Shilghat
  - 3) **Pandu**
  - 4) Dibrugarh.
78. Name the first composer of 'Sonnet' in Assamese Literature.
- 1) **Hemchandra Goswami**
  - 2) Chandra Kumar Agarwala
  - 3) Hiren Bhattacharya
  - 4) Binanda Chandra Barua.
79. Covishield and Covaxin are the two vaccines administered against Coronavirus . Which of these Vaccine/ vaccine(S) is/ are produced based on indigenously developed technology?
- 1) Covishield
  - 2) **Covaxin**
  - 3) Both of the above
  - 4) None of above.
80. Name the film that has been awarded 'the best Assamese film' in the 67th National film awards recently in October, 2021.
- 1) Jonaki Poruwa
  - 2) **Ronuwa**
  - 3) Sandhya Rag
  - 4) Village Rockstars
81. What is the primary goal of 'Swatch Bharat Mission( SBM)?
- 1) Green India to grow more vegetables
  - 2) Smart India a nationwide initiative to provide students a platform to solve some of pressing problems, we face in our daily lives
  - 3) **Clean India, it is a country wide campaign to eliminate open defecation and improve solid waste management**
  - 4) Buoyant India, A computer savy India

82. Under 'MGNREGA', How many days of wage employment is given for each household in a financial year?
- 1) At least 90 days
  - 2) **At least 100 days**
  - 3) At least 72 days
  - 4) At least 180 days
83. In which year India's Planning Commission was scrapped?
- 1) 2015
  - 2) **2014**
  - 3) 2017
  - 4) 2018
84. As per latest announcement during Budget session of Assam Assembly, which is the 35th district of Assam?
- 1) **Tamulpur**
  - 2) B.Sarthebari
  - 3) Mukalmua
  - 4) Raha.
85. The headquarters of, 'ISRO', is located in?
- 1) New Delhi
  - 2) Hyderabad
  - 3) **Bangaluru**
  - 4) Mumbai.
86. In which state International Financial Services Centre set up?
- 1) **Gujarat**
  - 2) Maharashtra
  - 3) Delhi
  - 4) Telengana
87. Which one of the following is an example of Direct Tax?
- 1) Custom duty
  - 2) **Income tax**
  - 3) Service tax
  - 4) Excise duty
88. Which is the period of a fiscal year?
- 1) **April 1<sup>st</sup> to 31<sup>st</sup> March.**
  - 2) 1<sup>st</sup> January to 31<sup>st</sup> December
  - 3) 1<sup>st</sup> March to 28th February
  - 4) None of these.
89. When the government spends more than it collects by way of revenue, it incurs...?
- 1) Budget surplus
  - 2) **Budget Deficit**
  - 3) Capital expenditure
  - 4) Revenue Expenditure

90. What is the GSDP of Assam for 2019-20?
- 1) Rs. 1.74, 096. Crore
  - 2) Rs. 2, 74, 096 Crore
  - 3) **Rs. 3,74,096 crore**
  - 4) Rs .4.74.096. crore
91. Pointing to a lady on the platform, Manju said, ‘‘ she is the sister of the father of my mother’s son’. Who is the lady to Manju??
- 1) Mother
  - 2) Sister
  - 3) **Aunt**
  - 4) Niece.
92. MS-WORD is an example of?
- 1) Compiler
  - 2) **Application soft ware**
  - 3) System soft ware
  - 4) Operating Software.
93. In an group of players. 35% are football players, 37% are cricket players, 168 players are hockey players. How many total players are there in the group?
- 1) 450
  - 2) 500
  - 3) **600**
  - 4) 1000
94. The final of IPL 2022 season will be played at? When?
- 1) D.Y.PatilStadium, Navi Mumbai, 27<sup>th</sup> May
  - 2) **Narendra Modi Stadium, Ahmedabad, 29<sup>th</sup> May**
  - 3) Brabourne Stadium, Mumbai, 26<sup>th</sup> May
  - 4) Wankhade Stadium Mumbai, 29<sup>th</sup> May
95. Which of the following factors is considered to be the most important in the construction of an indoor gymnasium?
- 1) Direction
  - 2) Light
  - 3) **Ventilation**
  - 4) Floor
96. The election commission of India is not concerned with elections of/to the
- 1) President
  - 2) Vice president
  - 3) **Panchayat and Urban bodies of the state**
  - 4) All of the above
97. Total number of schedules in Indian constitution
- 1) 24
  - 2) **12**
  - 3) 10
  - 4) 18
98. Who is the chairman of Rajya Sabha?
- 1) Chief justice of India
  - 2) President of India
  - 3) **Vice president of India**
  - 4) Attorney General of India

99. Which article of the constitution empowers the president to declare Financial emergency?

- 1) Article 356
- 2) **Article 360**
- 3) Article 358
- 4) Article 362

100. Which of the former Union territories have been elevated to statehood?

- 1) Himachal Pradesh
- 2) Goa
- 3) Arunachal Pradesh
- 4) **All of the above**